

newsletter



6th and 7th February 2010

The 5th Sunday of Year C



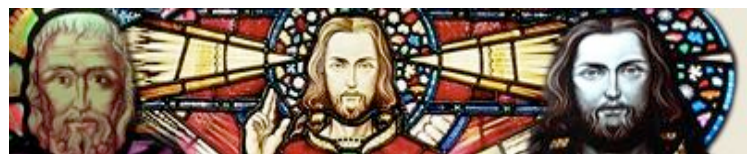
Catholic Parish of The Sacred Heart *Our Mission*

Through the power of the Holy Spirit we will be a parish renewed in our knowledge and understanding of the love of Jesus Christ, to enable each of us to fulfil our Christian mission.

Pope Close, Flitwick, MK45 1JP

Tel: 01525 715 109 www.sacredheartflitwick.co.uk

Times of Mass



Saturday	6 th February	6.00 pm	St Andrew's Ampthill	Intention of Eileen Long
Sunday	7 th February	9.00 am	Sacred Heart Church	Sean Keaney, RIP
		11.00 am	Sacred Heart Church	Archbishop Fredrick Keating, RIP
		5.00 pm	Sacred Heart Church	Private Intentions – Latin Mass
Monday	8 th February	9.30 am	Sacred Heart Church	Intention of Eileen Long
Tuesday	9 th February	9.30 am	Sacred Heart Church	Brendan Austin, RIP
Wednesday	10 th February	9.30 am	Sacred Heart Church	Private Intentions
Thursday	11 th February	9.30 am	Sacred Heart Church	Private Intentions
Friday	12 th February	9.30 am	Sacred Heart Church	Intention of Eileen Long
Saturday	13 th February	9.30 am	Sacred Heart Church	Private Intentions

A Reflection by Fr. Denis

Jesus does not ask His disciples to fall in love with their enemies – that would be wholly unrealistic. The followers of Jesus are challenged to be determined about their enemy's welfare, to be stubbornly gracious, and to refuse to pay back violence with violence. Hatred can be defeated only by love; injury can be healed only by forgiveness; evil can be controlled only by goodness. That may not reflect conventional wisdom, but it is Jesus'



wisdom in action. It was also David's response to King Saul's aggression.

In His own life, Jesus had to work hard at honouring His own ethics. That process was not a painless or bloodless affair: it cost Jesus everything. He offered love first, even though He knew that the return would never measure up to what was offered; He never bargained love for love; He never became involved in stock-taking returns. Above all, He made a habit of confusing His enemies with love.

Fr. Denis writes ...

Today is the anniversary of the death in 1928 of Archbishop Fredrick Keating. He was born in Birmingham in 1859. Ordained a priest in 1882, he taught science at Olton. He later moved to the Cathedral of St Chad in Birmingham, and in 1908 was made Bishop of Northampton. He moved to Liverpool as Archbishop in 1921.

Bishop Keating was a gifted speaker, and in 1917 was commissioned by the Government to lecture in America during the First World War.

During his time in this Diocese, he built new churches and invited many religious Orders to establish houses and schools, in order to give free education to the children. He started to visit every parish; a difficult task then as the Diocese was much larger, including what is now the Diocese of East Anglia, seven counties in all. He would spend a lot of time going by train, and would use the time waiting, to write and prepare his talks. He was pastoral in his work, and was liked by people of all faiths and none.

Bishop Keating died after offering Mass, and was buried at the Seminary in Upholland. Say a prayer for him today on his anniversary date.



MOTHERS' PRAYERS will meet at 80 George St., Maulden at 7.30 pm on Tuesday 9th February. Come pray for family and friends and Our Lord answer our prayers as we put all into His hands. Ring Sue on 01525 634 186



Newsletter copy deadline – Tuesday midday.
Newsletter contact: Suzanne Yates, email suz_yates@btinternet.com; telephone 01525 840 661

Information

CONFESSIONS

Saturday mornings from 11.00 am – please see newsletter for changes.

PRAYER LINE

Please ring for intercessory prayer on 01525 634 186. We have some wonderful answers to prayers. Be assured of full confidentiality.

HOSPITAL, SICK OR HOUSE-BOUND?

Please let us know of anyone who needs a visit or requires Holy Communion at home.

THE ST VINCENT DE PAUL GROUP

meets every Monday at 7.45 pm. If you would like to join us or would like more details, contact John Flannigan on 01525 406 810.

LITTLE 'UNS

Meet every Friday 10.15 am–11.45 am in term time, in the Church Hall. For further information please contact Debbie Lewis on 01525 406 815 or Kerry Skidmore on 01525 635 095.

CARDS, GIFTS, etc.

Are available for sale in Sacred Heart Church Hall after 9.00 am and 11.00 am Masses. All are priced. Please put money in the repository box in the porch or see Margaret.

CHURCH NEWSLETTER ONLINE

The church newsletter is available from the website
<http://www.sacredheartflitwick.co.uk>

Pre-Communion Group.

The group is for 5- to 7ish-year-olds and meets in the Church on Sunday mornings from 9.45 am to 10.30 am. The next meeting is today 7th February. New members are



Offertory Collection for 30th and 31st January was £569.80 and £735.99 for the victims of the Haiti earthquake. Thank you. Fr. Denis.

Celebrating 50th anniversary of CAFOD's Family Fast Day

In 1960 Catholic Parishes across England and Wales held the first Family Fast Day to help mothers and children in the Caribbean. Fifty years on we continue to work together to support families and individuals facing poverty and disaster. Please come and join our celebration:

Northampton Cathedral at 2.00 pm on Saturday, 13th February

Mass will be celebrated by Bishop Peter and there will be an exhibition of CAFOD's work over the past 50 years. The CWL and UCM in the diocese were the initiators of the first Fast Day and provided the inspiration and organisation behind the founding of CAFOD. We will be highlighting their work. Light refreshments will follow. All are welcome.

SUNDAY LATIN MASS

Fr. Armand de Malleray, of the Priestly Fraternity of St Peter, celebrates the Latin Mass here each Sunday at 5.00 pm. The Mass, from the Missal of 1962, fulfils the Sunday Obligation.



Tea and Talk

Our next meeting will be on 15th February, from 2.00 pm at Sacred Heart Church Hall Flitwick. Newcomers welcome.

RED BOX St Joseph's Missionary Society NOVENA TO ST JOSEPH.

10th – 18th March at St Joseph's Church, Maidenhead.

Each year the Mill Hill community prepares for the feast of St Joseph, their patron with a special Novena of Masses and prayers. Prayer is the foundation of all mission work, both in this country and abroad and the Novena is a great way of building links of prayer across the world. For a FREE NOVENA BOOKLET to enable you to join them from home by praying the daily Novena prayer, please write to Fr. Denis Treacy, Mill Hill Missionaries, P.O. Box 3608, Maidenhead, SL6 7UX or e-mail novena@millhillmissionaries.com. Even if you have received information about the Novena in previous years, please contact us again this year. You do not need to be a RED BOX holder to join us in this Novena. Thank you, Fr. Denis Treacy (and the parish co-ordinator Pat King).

LUMOS: ON FIRE

Over the weekend of 5th – 7th February a number of our young people and adults will be at the Diocesan youth event in Northampton. Please keep them and all the young people in your prayers for a fulfilling and spirit-filling weekend.



Parish Charismatic Prayer Group

meets regularly to praise God for His blessings and to pray for our intentions. For information contact Helen Burgess: 01525 405 823. Our next meeting will be on 16th February from 8.00 – 9.30 pm.

Reminder

Readers, Eucharistic Ministers and drivers for this week, 6th and 7th February.

Mass	6.00 pm - Ampthill	9.00 am - Flitwick	11.00 am - Flitwick
1 st Reader	Charles Waterford	Siobhan Campbell	Noelette Hanley
2 nd Reader	Judith Latham	Margaret Gummery	Ros Penn
Eucharistic	Sue Barley	Carlos Rincon	Tony Davis
Eucharistic	Pat King	Tom Eastwood	Anne Gadsden
Driver			T. & B. Basterfield

Readers, Eucharistic Ministers and drivers for next week, 13th and 14th February.

Mass	6.00 pm - Ampthill	9.00 am - Flitwick	11.00 am - Flitwick
1 st Reader	Adrian Hamilton	Darren Campbell	M./N. Lawton
2 nd Reader	Noreen Glover	Pat Crowe	C./H. Davies
Eucharistic	Don Perrett	John Flanagan	Helen Wilson
Eucharistic	Nicki Paterson	Grace McKenna	M./N. Lawton
Driver			

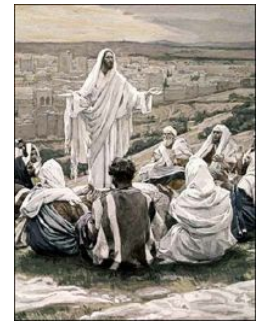
Thoughts from the homily...

Fr. Denis

How would the following exercise appeal to you? You sit in front of a mirror; reflect on all the failures, brokenness, and sins of your life. You take as much time as you need for this. You are going to ask God's forgiveness, you are going to try to make amends wherever possible, and you want to move forward from here. Ask yourself one simple question: How willing are you to give yourself absolution, to forgive yourself totally, before you dare ask God to forgive you? Is there any point in asking God to do something for you that you are unwilling to do for yourself? Guilt is not from God. Rather it is your own inability to forgive yourself. A leading psychiatrist said that he could discharge two-thirds of his patients immediately if he could get them to forgive themselves.

To forgive is not necessarily to forget. I cannot press a button and erase the memory of some hurt or injustice. I can forgive, though, and, through the work of God's Spirit, the memory will be healed, and will no longer hurt. Is there anyone who has really hurt you, and against whom you have

every reason to have a very great resentment? Sometimes I may have to forgive God for what I see as the unfair hand I got in life. We all have received our own share of hurts in life, but there is usually one or two in particular who have hurt us more than others. Do you think you could hand over that hurt to God in the Offertory of this Mass?



Jesus taught us one simple prayer, which we call Our Father, or the Lord's Prayer. It is a simple prayer, and it is quite short. One of the petitions is where we ask God to forgive us our trespasses as we forgive those who trespass against us. We can rattle off this prayer, and fail to realise the bind in which it can place us. We are putting a condition on God's forgiveness, and that condition is that we are willing to forgive others. Please take time out sometime today to reflect on the ramifications of saying this prayer.

Swine Flu

Bishop Peter has written to each parish stating we may resume offering the Precious Blood at Holy Communion. We will resume the practice this weekend.



Although we receive Communion wholly under either form (host or chalice) the sign is more complete if we receive both.

The Holy Water stoup will be in use again from this weekend.

Valentine's Dinner in aid of the Facilities Fund

Come and join us for a three-course dinner on Saturday 13th February 2010 at 7.30 pm at Sacred Heart Church Flitwick.



To reserve your table please contact Michael on 01525 713 763.

Places are £10.00 per head inclusive of soft drinks (you are welcome to bring your own wine).

Sunday Parking

Please park with consideration for our neighbours. We also need to keep the entrance to the car park free in the event of an emergency (ambulance etc.). We realise that the car park is small, and we appreciate your cooperation.